

12-18 OCTOBER 2025

# NATIONAL CARERS WEEK



## YOU ARE ONE, KNOW ONE, OR WILL BE ONE

Celebrate the **3 million** Australians providing unpaid care and support to their family members or friends.

#NationalCarersWeek

#CarersAustralia



NATIONAL

CARERS  
WEEK

[carersweek.com.au](http://carersweek.com.au)



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